

SCHOOL NEWSLETTERCranbourne East
Primary SchoolEmail: cranbourne.east.ps@education.vic.gov.auWebsite: www.cranbourneeastps.vic.edu.au**Coming Events - Also on Compass**

July	August
Friday 16 July to Tuesday 27 July Remote and Flexible Learning Program	Monday 2 August to Wednesday 4 August Year 3 Camp Group 1
Thursday 29 July Parent Teacher Conferences via phone 3:30pm to 6:30pm	Wednesday 4 August to Friday 6 August Year 3 Camp Group 2

Principal's Report

Hi everyone

On behalf of all staff at the school I hope our families are well during this ongoing time of extended circuit breaker restrictions. The school is placing a great deal of emphasis on contacting and connecting with each and every student on a daily basis to conduct a wellbeing 'check in'. We request parents accept a call (Mon – Fri) if from an unknown number. The remote and flexible learning package continues and where required hard copy work packs can be provided on request using our process of click and collect from school.

All families can be reassured our staff are working tirelessly to support our students during this time. Supports can also be provided to families where required and know we are only a confidential phone call away.

This week we said farewell to Sarah Dunmall as she commenced family leave and now welcome Shelby Nyhuis to the Year 2 teaching and learning team on Monday 26 July.

Your School – Your Say Parent survey

Our school is conducting a survey to find out what parents/caregivers/guardians think of our school. The Parent/Caregiver/Guardian Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted among parents/caregivers/ guardians (previously known as the Parent Opinion Survey). It is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behaviour, student engagement and experiences of remote and flexible learning. Our school will use the survey results to help inform and direct future school resources, planning and improvement strategies.

This year we will be inviting all families to participate in the survey. The survey will be open until Sunday 22 August 2021 and all responses to the survey are anonymous.

The survey will be conducted online, only takes 20 minutes to complete, and can be accessed at any convenient time on desktop computers, laptops, tablets or smartphones. The online survey will be available in a range of languages other than English. These include: Arabic, Vietnamese, Mandarin, Chin (Hakha), Hindi, Japanese, Somali, Turkish, Punjabi and Greek.

School survey results will be communicated to parents/caregivers/guardians once the report is received. Please contact the school if you would like more information.

From the Canteen - The Canteen will roll over any orders that were placed for Friday 16 July on the first Friday the students return to school and the canteen is open. Any orders after that date will be credited to the parents' accounts. The Canteen reminds families that if they place a second order for the first Friday back they will not be credited.

School Crossings - The City of Casey has made the decision to extend the suspension of operating the school crossing service throughout the Victorian Government extended circuit breaker restriction period. School crossings will not be staffed during this time, however if there are no extensions to the circuit breaker restriction period, the school crossing service will resume operations from Wednesday 28 July 2021. We ask all students to stay safe when traveling to and from school, within the community and when crossing roads.

Thank you to all families who participated in the recent Parent Teacher Conferences. The conferences will resume on Thursday 29 July 2021.

Look out for students - Look out for each other - Stay calm and stick to the plan.

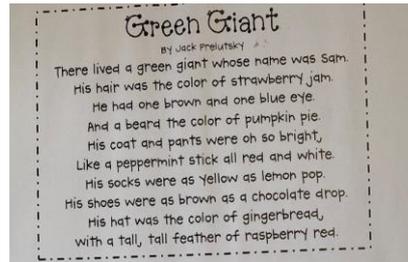
Take care.
Kind regards

Garry & Staff

Around the Grounds at CEPS

This week in Foundation

The Foundation students have made a fantastic start to Term 3. We have been looking at visualising a picture when reading, using our phonemes, graphemes and high frequency words to help us write complete sentences and using units of measurement and comparing lengths of different objects. We have also started our new Inquiry topic, 'Fairness and Friendship'. Students have made a great start to remote learning. We look forward to seeing the work you complete during our remote learning time, well done!



Year 1



Welcome back to Term 3, Year 1 students, Parents and Guardians! Students have returned from holidays refreshed and eager to learn. We are so proud of all the hard work the students have completed during Remote Learning. In Literacy, we have been focusing on writing Narratives where students used their imagination to write creative stories. We have also been learning the structure of Narratives as well as using descriptive words in our writing. In Numeracy, we have been focusing on 2D and 3D shapes by designing and making a Robot out of different materials. It was so great to see all the creative Robots that students made!

Last Term and this term, the Year 1 students had the opportunity to partake in an excursion to Myuna Farm. Students had a wonderful time exploring and learning about the different types of animals living on a farm, the wetlands and farm school. For our new Inquiry Unit, we will be immersing the students through our WOW day by asking students to dress up in their cultural dress. We also will be completing some fun activities throughout the day.

Year 2

Welcome back to Term 3. Teachers and students were happy to be back at school and enjoyed the first 4 days together. In Writing, students began learning all about persuasive texts and what was involved to help persuade a person's opinion. In Reading, we explored what the author's purpose was in texts and in Maths we were focusing on Chance and Probability.

Now that we are back in remote learning, students have settled back into the swing of things and are beginning to complete some good work remotely. We have continued looking at persuasive writing and students have completed some excellent posters trying to convince their teachers on different statements.

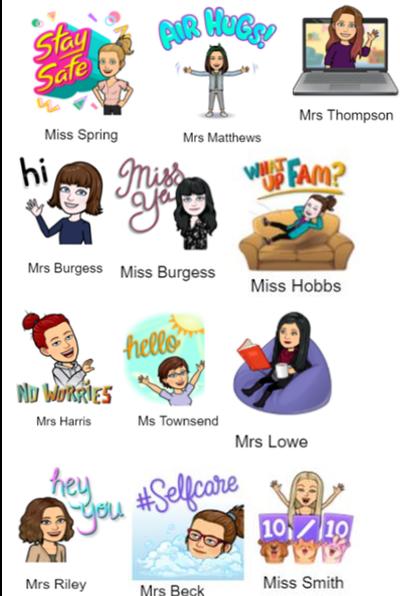


We will also be focusing on transformation in Maths. We also suggest for students to continue reading on a daily basis for at least 15 to 20 minutes and to take brain breaks throughout the day.

Stay safe everyone and we look forward to seeing everyone back on site as soon as possible.

Year 3

Welcome back to Term 3! What a fantastic first week we have had! It has been an exciting time to be back with our friends in the classroom and to share what we did on our holidays. A highlight from Week 1 was our writing lessons. Students consolidated their understanding of sentence structure by looking at simple sentences and compound sentences. Students chose a picture from the prompt sheet to come up with a simple sentence and then up level with a conjunction. We also enjoyed sharing our work with our friends, which gave students another opportunity to practise their speaking and listening skills. Our first Friday of Term 3 has seen us re-commence Remote and Flexible Learning. From all of the Year 3 Teachers and Educational Support Staff, we would like to say how proud we are of our students for making such a seamless transition back to Remote and Flexible Learning.



Year 4

The students have been doing remote and flexible learning for the past week. They have shown wonderful resilience and adaptability in coping with returning to online learning.

During this time the students have been writing procedures, practising spelling words, completing reading tasks and learning about the Four Operations.

In our Inquiry sessions we have started a new topic on Social Justice; in our first few sessions we have learnt about different types of physical disabilities such as: vision impairment, hearing impairment and cerebral palsy.

Year 5

Last week we welcomed all of our Grade 5 students back to Term 3. We thoroughly enjoyed exploring the text structure Information Reports with our students on the historic Chernobyl Nuclear Disaster. Students were engaged and produced some fabulous reports during writing time on this world disaster.

Year 6

The Year 6 students entered Term 3 positively and were excited to be back at school. They settled into school routines and were eager to achieve their learning goals for the term. The end of Week 1 sent us all back into our remote and flexible learning, and the Year 6 students' outstanding resilience was demonstrated through their ability to adjust accordingly. In Reading, students have been exploring themes and vocabulary in fiction books.



They have focused on grammar styles and up-levelling their work in writing and, from that,

have created many impressive writing pieces! There has been exceptional numeracy work produced by the students on the topic of chance. We are all very proud of the Year 6 students with how they have begun Term 3 and embraced their remote learning! A big thank you to our parents and guardians, who are once again supporting our students and learning programs during this time. We hopefully will see you all face to face very soon!

PE

In Term 3 the Year 3-6 students have started a new unit. They are learning about net wall games. Net wall games are games such as tennis, volleyball, squash, two square, four square and down ball. Each week we are unpacking different components such as maintaining a rally in the game.



Digital Technologies

With a new Semester here already, students have started a new set of specialist classes for 2021. Last week, students engaged in conversations about how the modern world changes so quickly and the skills we need to thrive in such a world. This week, students have completed coding/problem solving challenges online.

Auslan



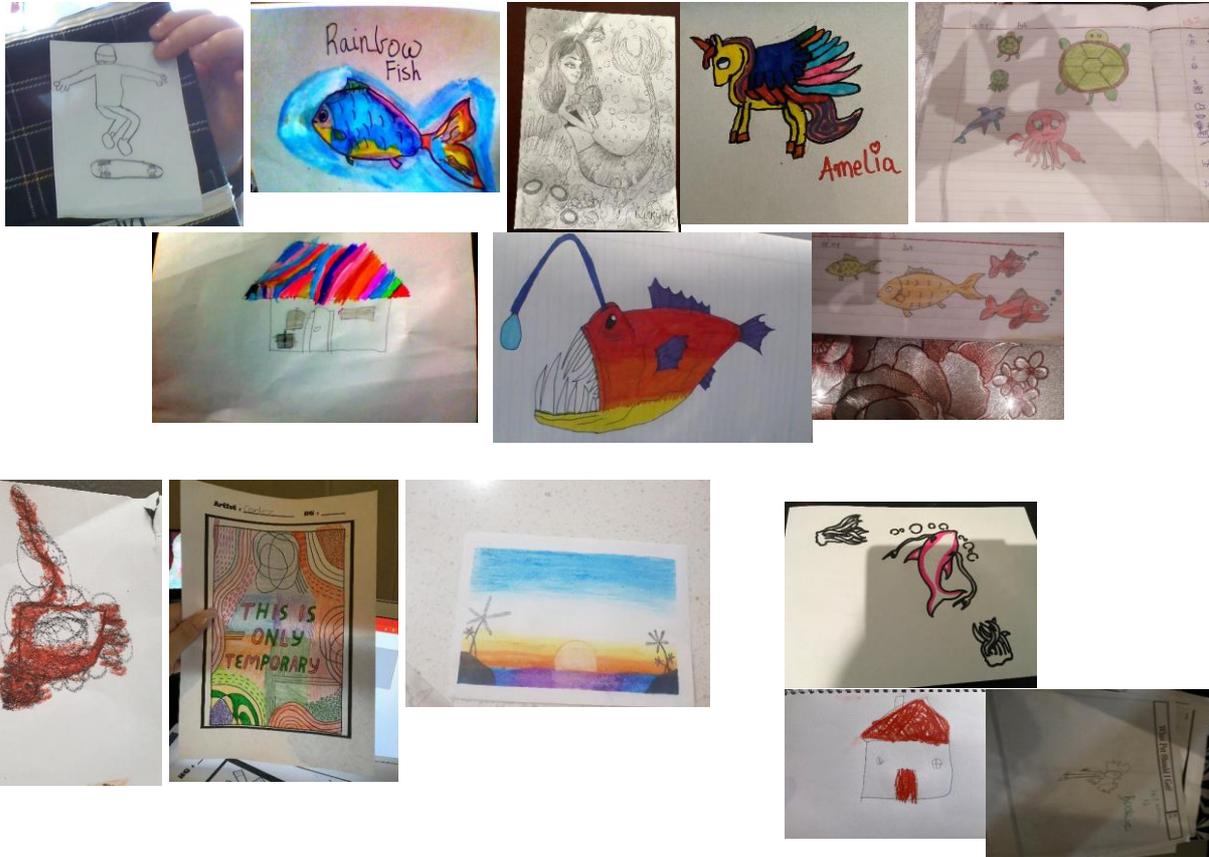
Students have been practising a variety of basic Auslan skills. In the upper years the focus has been on fingerspelling, particularly making sure we're using the correct handshape, orientation and movement. The younger years have been practising The Rainbow Song while learning their colours. It has been wonderful to see the enthusiasm from everyone!

Art

We have had a disrupted beginning to our new semester and we have not yet been able to meet everyone in our new classes this term. It has been wonderful to interact online and see the enthusiasm of so many of our students and to see their art work they are sharing – the results speak for themselves!

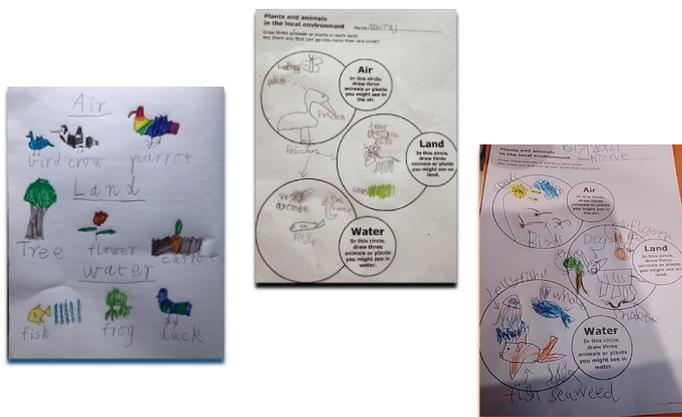
Here are just some examples of the student art work being done across the school.

Well done everybody and keep up the great work!



Science

Year 1 and 2 students have been learning to sort animals and plants into groups according to whether they live on land, air or in water. Drawings and labelling have been very carefully and thoughtfully done.



Performing Arts

Mr. Beach and Mrs. Olver are really impressed with the upbeat energy that all the year levels have had whilst learning different music genres this week, such as Funk, Hip-Hop, Hoedown, Boogie Woogie, Reggae and Calypso. What a great start to Term 3 by all students.

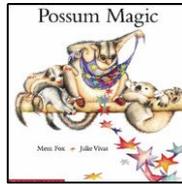
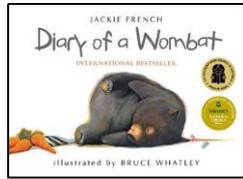
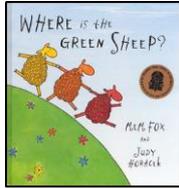


Library

Let's Tour the Library: Our library is made up of different parts: Non-fiction, Fiction, and Picture Stories.

Fiction – Picture Story

Picture story books are books in which the illustrations are as important as, or more important than, the words in telling the story. Picture story books are sorted by the first letter of an author's last name on the library shelves and in the Picture Story Tubs.



Picture Story books can also be found in our Indigenous Resources, and little green boxes. Next time you are in the library check out our great range of Picture Story books.

Mrs Curran

Wellbeing

The Academy of Imperfection by Dr Billy Garvey, Paediatrician. Click on the link below to listen to parenting ideas.

<https://podcasts.apple.com/au/podcast/the-academy-of-imperfection-dr-billy-garvey-paediatrician/id1476501557?i=1000529302856>

Remember, walking, riding, scooting or skating to and from school:

- Helps to reduce the traffic congestion around our school
- Helps kids get regular physical activity and build their confidence and life skills
- Research shows that just 20 minutes of walking can increase student's academic performance
- Is a great way to connect with family, friends and neighbours
- Contributes to a healthier environment.



Walking route map

Cranbourne East Primary School

ADDRESS: 2 Bowyer Ave, Cranbourne East VIC 3977
PHONE: 5990 0400
WEBSITE: cranbourneeastps.vic.edu.au



Remember when crossing

STOP LOOK LISTEN THINK

Safe walking routes to school
(Times and distances are approximate)

Independent Walks

-  **Hunt Club Gardens** 380m / 5 min
Start Kennels Lane or Club House Crescent
-  **Hunt Club Wetland** 480m / 6 min
Start Broad Oak Drive
-  **Bradford Drive** 450m / 5 min
Start Bradford Drive
-  **Hunt Club Recreation Reserve** 450m / 5 min
Start Bradford Drive
-  **Duck Pond Park** 630m / 8 min
Start Ardent Crescent or Bradford Drive





Mathletics

We've achieved a total of 177 bronze Mathletics certificates, 33 silver certificates and 4 Gold Certificates in the two weeks. Gold Certificates are uploaded to Compass each fortnight.

From the Office



New house and address?

Don't forget to inform the office of your change of address.

Student Birthdays this week



Rabi S	Prep B
Angelina K	1G
Moala C	1G
Zechariah V	1H
Harnoor S	2S
Layla F	2N
Emily S	3B
Brodie S	3T
Sajada N	4G
Maegan S	4M
Sharlia N	4P
Amy S	4T
Ashlyn B	4Z
Ethan	5D
Jah-Ron L	5H
Harlem T	5M
Toia L	5S
Harlow T	5Z
Chante C	6F
Jijwok N	6K
Sienna M	6P
Xavier T	6S
Fabian Y	6S

YEAR	SHINING STAR	AWARD
PE Mr Shaw	Jerome I 6S	For an outstanding start to Term 3 in PE. Well done and keep up the fantastic work!
PE Mr Carey	Galaxie B 5W	For demonstrating respect towards everyone in the class and for supporting his classmates during PE. Great work!
PE Mrs Turnbull	Brodie S 3T	For great participation and effort in PE with our new unit, Netwall games.
Mrs Mirza Science	Lachlan I 4Z	For his fantastic participation during the Science lesson.
Mrs Singleton Science	Westerlund N 2B	For excellent listening and teamwork when making playdough.
Mrs Lloyd Art	Sophie E 1M	For showing great citizenship by offering to help others.
Mr Ewan Art	Dimitri V 3S	For your wonderful enthusiasm and great effort during your first Art lesson! Well done and keep up the awesome effort!
Performing Arts Mrs Olver	Riley B 2D	For his great SCAT singing and clapping of different rhythms.
Performing Arts Mr Beach	Tyler T 2F	For his great SCAT singing and clapping of different rhythms.
AUSLAN Mrs Rasmussen	Aaron C 4Z	For actively supporting your peers in Auslan class. Your level of compassion is exceptional. Well done!
AUSLAN Ms Juers	Matilda M Prep N	Matilda has earned this certificate for making a great start to her Auslan 2021.
Mrs Wickramasinghe	Tyson D Prep W	For an amazing effort in Phonics. Well done, Tyson!
Mrs Harris	Savannah C 3H	For doing well with your recount. Well done!
Mrs Simmonds	Izzy E 4Y	For sharing interesting stories with me and talking about the different ways to meditate and relax.
Mrs Price	Jah-Ron L 5H	For showing compassion and teamwork during PE. Great work, Jah!
Mrs Beck	Ezra K 3K	For fantastic work in Writing. Keep up the great work, Ezra!
Mrs Bhasin	Caitlin J 2N	For doing so well in oral language sessions and trying out making sentences on your own. Well done Caitlin.
Mrs Sathiyamurugan	Ehsan A 6T	For doing fantastic work during his Writing session! Well done.
Mrs Burgess	Jordan W 3T	For your confidence in Maths. Well done!
Mrs Silva	Roger A 1C	For an amazing effort with his handwriting. Well done, Roger!
Mrs Hateley	Zane Q 5S	For your awesome effort on factions in Maths. Well done, Zane!
Mr Smith	Sophie D 4Z	For a fantastic job completing her SPELD.
Mrs Perera	Peter P 2P	For an amazing first attempt at coding. Well done, Peter!
Mrs Premaratne	Neonika B 6S	For being very helpful and supportive towards her peers. Well done, Neonika, keep it up!

Year	Shining Star	Award	Year	Shining Star	Award	
Prep	Tyrus E	For being kind and helping others in our learning space.	Year 4	Mina R	For a fantastic start at CEPS and settling into 4DP wonderfully!	
	Devi K	For arriving at school ready to learn and making a great start to Term 3.		Koni S	For a great first week back and creating a great poem.	
	Sapphire P	For working hard during Phonics. Good job Sapphire.		Charvi J	For a great job with her writing. Keep up the good work, Charvi!	
	Steve K	For writing his sounds neatly and carefully on his dotted thirds during Phonics. Good job!		Zain S	For working well on Reading comprehension activities!	
	Eshaan K	For doing a fantastic job in Phonics and putting in his best effort into the lesson. Awesome job!		Akwol M	For settling back into school fantastically. Keep on challenging yourself to be better every day.	
	Amir S	For settling in well at Cranbourne East Primary School and making new friends!		Nate D	For settling back into school so well.	
Year 1	Zahra B	For always putting her hand up and contributing her amazing ideas. Well done!		Johnathan F	For making a fantastic start to Term 3. Very well done!	
	Anjith D D	For a fantastic job with his sounds in reading. Keep trying your best!		Susan C	For her amazing work in Math!	
	Millie C	For showing resilience during our spelling test and trying her very best. Well done, Millie!		Marcus M	For working hard during this week's Resilience Project lesson.	
	Sana N	For challenging and extending yourself during the Resilience Project activity. Well done!		Year 5	Pranav S	For his determined and positive mindset in Maths this week!
	Ayan R	For writing an excellent recount about the farm visit and sounding out his words.			Jackson L N	For coming back to school ready to learn, with a smile on your face. Keep it up, Jackson!
	Seerat B	For writing an excellent recount about the Myuna Farm excursion. Well done!			Samip S	For contributing to class discussions and working well in Maths!
	Jessica J-M	For being brave at the farm when feeding the animals. Well done!	Saseth P		For his valuable contributions to class discussions. Keep up the great work!	
Year 2	Arthavan R	For his excellent handwriting, his work is always neatly presented.	Sanjana B		For approaching all tasks with a positive attitude. Well done, Sanjana!	
	Milan H	For settling into our class so well and being an excellent listener!	Tayla D		For her fantastic contributions during class discussions. Thanks for sharing your thoughts.	
	Navraj S	For working hard in Maths this week on the Chance activities.	Cassidy B		For having such a fantastic start at CEPS. Keep up the great work!	
	Pratha P	For working hard on her persuasive writing poster and helping others.	Isabella U	For working well in our group work.		
	Akhil R	For when you make good choices in our space, follow instructions and work hard. Keep it up!	Diya J	For asking questions and sharing her ideas during Inquiry.		
	Gunveer S	For always trying his best when completing his work!	Year 6	Euan N	For brainstorming and thinking of new and interesting ways to up level his writing. Well done, Euan!	
	Karepa T	For making some fantastic contributions to our classroom discussions about persuasive language during Writing sessions. Well done!		Sayed H	For a fantastic start to Term 3 and showing great leadership within the classroom. He always shares insight and ideas during class discussions. Amazing work, Sayed, keep it up!	

	Elianah V	For always being positive and respectful both in and outside of the learning space. Well done!		Jasmehar N	For persisting with Math challenges and staying focused on the task.
Year 3	Garang G	For having an excellent attitude towards his learning. Well done!		Tirzah J	For fantastic effort and enthusiasm in her writing this week. Keep up the great work, Tirzah!
	Riaan P	For excellent teamwork during buddy reading this week and for using text clues to answer inferential questions.		Harnil P	For contributing excellent thoughts in our Socratic Circles session. Keep up the great work!
	Mehar S	For his consistent effort completing all homework to a high standard each week.		Fresha S	For her outstanding narrative writing and utilising the writing styles of different authors. Well done, Fresha!
	Hedayat N	For your concentration and hard work during writing. Keep up the great effort!		Vy P	For an awesome start to the term, you should be proud of all your work this week. Well done!
	Rerekohu W	For a great start back at school for Term 3 and trying her best! Keep up the great work.		Harrison S	For a wonderful start to Term 3 and fantastic effort and participation in all learning activities. Keep up the great work, Harrison!
	Cooper B	For settling into Term 3 well and being such a lovely student to have in our learning space.		Nathan W	For a terrific start to Term 3, you have settled in well and remembered how to be organised for the day. Well done, Nathan!
	Angad S	For being an awesome Word Hunter and learning to use the dictionary.		Ekamreet K	For displaying our school values in everything she does and always trying her very best!
	Temisha T	For being a kind friend and for a fantastic start to Term 3. Well done!			

Today is a great way to learn something new

Safe Around Schools



Getting children to school safely is everyone's job. There are lots of children, parents and cars all trying to get to the same place at the same time - with limited car parking.

While there is no quick fix, schools, council, parents and children can all work together to get everyone to school and work - safely and on time.

When there is not enough parking around your school, here are some helpful tips:



Reduce car trips – one of these options may work for you

- **Walk or ride to school.** Start the day with some fresh air and exercise and avoid car congestion.
- **Your school has a Walk to School map.** Grab a copy and find the best walking route to your school.
- **Park and walk.** Park a little further away from school and enjoy a short walk - avoiding car congestion and parking pressure.
- **Carpool with a friend.** Share pick up and drop off with friends - this reduces the number of cars around your school.

Keep the pick-up zone moving

- **The pick-up zone** allows you to stop while picking up or dropping off your child. This must not take more than two minutes. You can't park and wait for your child in your car or leave your vehicle.
- **Move as far down the pick-up zone as possible,** don't stop at the start, this blocks the traffic behind you.
- **Arrive at least three minutes after the school bell.** No children are ready before this time. Don't arrive early and park in the pick-up zone – remember, you can only stop here for 2 minutes.
- **Stagger your pick-up or drop-off times** – try to drop off slightly earlier or pick up slightly later, this will help you avoid peak times.
- **Child not there? Keep moving!** Drive out of the pick-up zone and come back through. This gives your children time to arrive and keeps the pick-up zone flowing. Don't park and wait for them.

No Parking

This no parking sign means that the area is a pick-up/ drop-off zone. You cannot leave your vehicle unattended and you cannot be parked for more than two minutes. The times may be a little different at your school, but the rules are the same.



ایمنی در اطراف مکتب



رساندن سالم اطفال به مکتب وظیفه هر شخص می باشد. تعداد زیادی از اطفال، والدین و موتر ها همه کوشش می کنند همزمان به یک محل وارد شوند - تعداد محل پارک هم محدود است.

با آنکه یک راه عاجل اصلاح وضع وجود ندارد، مکتب ها، سررا، والدین و اطفال همه می توانند با همکاری یکدیگر اطفال را به مکتب و کار برسانند - که هم سالم و هم به موقع باشد.

چند رهنمای سودمند در اینجا برای وقتی به اندازه کافی محل پارک وجود نداشته باشد، ذکر شده اند:

تعداد استفاده از موترها را کم کنید - یکی از این راه ها ممکن است برای شما کار کند

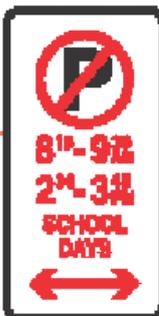
- پیاده یا با بایسکل به مکتب بروید. روز خود را با هوای تازه و تمرین شروع کرده از تراکم موتر ها جلوگیری کنید.
- مکتب شما یک نقشه پیاده روی به مکتب دارد. یک نسخه از آن را بردارید و بهترین مسیر پیاده روی به مکتب را پیدا کنید.
- پارک و پیاده روی کنید. قدری با فاصله از مکتب پارک کرده و باقی مانده راه را پیاده روی کنید - این کار باعث کم شدن تراکم موتر ها و کاهش فشار برای پارک کردن می شود.
- با یک دوست موترهای تان را به نوبت برای بردن اطفال هر دو استفاده کنید. با دوستان اشتراک کرده فرزندان یکدیگر را ببرید و بیاورید- این کار تعداد موتر ها در اطراف مکتب را کم می نماید.



پارکینگ ممنوع

این علامت "پارکینگ ممنوع" یعنی این محل برای سوار و پیاده کردن است. نمی توانید موتر خود را آنجا ایستاد کرده و خود از موتر دور شوید. بیش از دو دقیقه هم حق ندارید آنجا پارک کنید.

این زمان ممکن است در مکتب شما اندکی متفاوت باشد، ولی مقررات یکی است.



بگذارید که محل سوار کردن اطفال زود خلوت شود

- محل سوار کردن به شما اجازه می دهد که ایستاد شوید در حالی که فرزند خود را سوار یا پیاده می کنید. این کار نباید بیش از دو دقیقه طول بکشد. نمی توانید پارک کرده و صبر کنید تا فرزند شما بیاید و سوار شود یا از موتر شما پیاده شود.
- تا آنجا که می توانید در محل سوار کردن به پیش بروید، در قسمت شروع ایستاد نشوید، این باعث راه پیدان شده و ترافیک پشت سر شما جمع شود.
- کوشش کنید دست کم سه دقیقه پس از اینکه زنگ مکتب خورد برسید، بیش از این موقع هیچ طفلی آماده نیست. زود نوبت و بعد در محل سوار کردن پارک کنید- پادگان باشد، در اینجا حق دارید تنها 2 دقیقه ایستاد شوید.
- مدت سوار و پیاده کردن را طولانی کنید. کوشش کنید قدری زودتر فرزند خود را پیاده کرده و قدری دیرتر او را سوار کنید- این کار باعث خواهد شد که از زمان بیز و بار بهره یز کنید.
- آیا طفل شما آنجا نیست؟ به حرکت خود ادامه دهید! از محل سوار کردن عبور کنید و دو مرتبه بیایید. این کار باعث می شود که به فرزند شما وقت بدهد و در عین حال جریان سوار کردن نیز ادامه یابد. پارک نکنید و بعد تا آمدن آنان صبر کنید.



学校周围的安全



保证孩子上学路上的安全人人有责。很多孩子、家长和汽车要在同一时间去同一个地方 - 但停车位有限。

尽管没有快速解决办法，但学校、市政府、家长和孩子能共同努力，确保每个人都能安全、准时地到学校和工作单位。

如果学校周围停车位不够，这里有些有用的提示：



少用车 - 其中一种或许适合您的选择

- 走路或骑车上学。用一些新鲜空气和锻炼来开始新的一天，避免交通堵塞。
- 学校有“走路上学”的地图。拿一份地图，找出去学校的最佳步行路线。
- 停车后步行。把车停在离学校稍远一点的地方，然后再走路 - 避免车辆拥挤和停车压力。
- 和朋友一起用车。和朋友轮流接送孩子 - 这能减少学校周围的车辆。

保证接送区畅通

- 接送区让您停下来接孩子或放下孩子，停的时间不得超过两分钟。您不得关掉发动机坐在车里等孩子或离开您的车。
- 尽可能在接送区尽头停靠，不要在开头位置停靠，这会堵住您后面的车。
- 学校铃响后至少等三分钟到接送区。此前孩子都没有准备好。不要提早到接送区然后停在那里 - 记住，您只能停靠两分钟。
- 错开接送时间 - 试着稍微早一些送孩子或稍微晚一些接孩子，这有助于避免高峰时间。
- 孩子不在？把车开走！离开接送区然后再绕回来，这给孩子到接送区的时间而且能保证接送区的畅通。不要关掉发动机等孩子。

不得停车

不得停车牌意味着这是接送区。您不得离开您的车，您停靠的时间不得超过两分钟。上面显示的时间可能与您的学校不同，但规定都一样。





Ligtas sa Paligid ng mga Paaralan



Ang tiyakin na ligtas na makakarating ang mga bata sa paaralan ay tungkulin ng lahat. Maraming mga bata, magulang at kotse ang nagsisikap na makarating sa parehong lugar sa parehong oras – na may limitadong paradahan ng kotse.

Habang walang madaling solusyon, ang mga paaralan, mga konesho, mga magulang at mga anak ay maaaring magtulungan upang makarating ang lahat sa paaralan at sa trabaho – nang ligtas at sa oras.

Kung walang sapat na paradahan sa paligid ng iyong paaralan, narito ang ilang mga kapaki-pakinabang na mungkahi:



Bawasan ang mga blyaha ng kotse - maaaring makatulong sa iyo ang isa sa mga pagpipiliang ito

- Maglakad o sumakay papunta sa paaralan. Simulan ang araw na lumalanghap ng sariwang hangin at nag-behersisyo at iwasan ang trapik ng mga sasakyan.
- Ang iyong paaralan ay may mapa na *Walk to School*. Kumuha ng isang kopya at hanapin ang pinakamahusay na ruta sa paglalakad patungo sa iyong paaralan.
- Iparada ang sasakyan at maglakad. Pumarada nang medyo malayo sa paaralan at masiyahan sa maikling paglalakad – habang iniwasan ang trapik ng mga sasakyan at kawalan ng mapaparadahan.
- Mag- carpool sa mga kaibigan. Makipaghalinhinan sa mga kaibigan sa pagsundo at paghahatid – binabawasan nito ang bilang ng mga kotse sa paligid ng iyong paaralan.

Panatiliing umuosod ang mga sasakyan sa pick-up zone

- Pinepayagan ka sa pick-up zone na huminto habang isinaakay o pinabababa ang iyong anak. Hindi ito dapat tumagal nang mahigit sa dalawang minuto. Hindi ka maaaring pumarada at maghintay sa iyong anak sa iyong kotse o iwan ang iyong sasakyan.
- Lumayo nang malayo sa pick-up zone hangga't maaari, huwag huminto sa unahan, hinaharangan nito ang trapiko sa likuran mo.
- Dumating nang kahit man lang tatlong minuto pagkatapos mag-ring ng bell sa paaralan. Walang bata ang handa na bago ang oras na ito. Huwag dumating nang maaga at pumarada sa pick-up zone – tandaan, maaari ka lamang huminto dito ng 2 minuto.
- Iba-ibahin ang mga oras ng iyong pagsundo o paghatid – subukang maghatid nang medyo mas maaga o sumundo nang medyo huli na, makakatulong ito sa iyo na maiwasan ang kasagaran ng trapik.
- Wala doon ang iyong anak? Patuloy na umuosod! Magmaneho palabas ng pick-up zone at bumalik na lang ulit. Binibigyan nito ang iyong mga anak ng sapat na oras upang makarating at panatiliing dumadaloy ang pick-up zone. Huwag pumarada at maghintay sa kanila sa pick-up zone.

Bawal Pumarada

Ang karatulang ito ng bawal pumarada ay nangangahulugan na ang lugar ay isang pick-up/drop-off zone. Hindi mo maaaring iwan ang iyong sasakyan nang walang tao at hindi ka maaaring pumarada rito nang mahigit sa dalawang minuto. Ang mga oras ay maaaring maiba sa iyong paaralan, ngunit ang mga patakaran ay pareho.



DAYTIME DADS

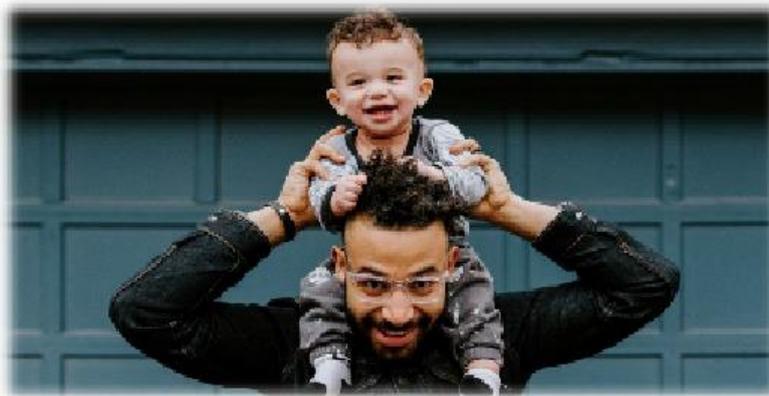
Calling all Casey fathers!



Did you know that you are making your children brighter and stronger every time you play with them?

Come and join other great fathers for a fun playtime session with your kids. There's lots of toys to play with, plenty of play activities to dive into and an outdoor playground. There's even time for a coffee and catch-up with other dads. It's easy, fun and FREE!

All fathers, father-figures and their children aged 0-6 are welcome.



Dads Matter
A City of Casey Program

When: 9.30 am – 11.30 am, every Wednesday during school term, commencing Wednesday 21 July

Where: Old Cheese Factory, The Old Shop, 34 Homestead Rd, Berwick

Cost: FREE

For all enquiries and bookings: please email dadsmatter@casey.vic.gov.au or call 9705 5200

Contact the City of Casey:

Web: casey.vic.gov.au
Email: casey@casey.vic.gov.au
Phone: 09 9705 5200
Post: PO Box 1000, Narro Warren VIC 3800
NRS: 189 677 (for the deaf, hearing or speech impaired)

Customer Service Centres:

Narro Warren: Benji Place, Patrick Northeast Drive, Narro Warren
Cranbourne: Cranbourne Park Shopping Centre, Cranbourne
ABN: 48 000 990 740



Tel: 131460 (for hearing and hearing impaired) 131460 (for hearing and hearing impaired) 131460 (for hearing and hearing impaired)

CASEYVIC.GOV.AU

Home Learning Tips -

We understand that during this snap lockdown it can be difficult to support student learning especially with families working from home and the change in learning environment for the children.

Therefore, we encourage the following strategies to best support remote learning:

1. Routine – establish a routine at home and plan out how the day will look with students.

(Be flexible in this plan where possible throughout the day as we may need to adjust our expectations based on how the students are going).

2. Choice – encourage your child to choose the order of the activities and when they will complete them.

3. Brain Breaks – Schedule brain breaks and respond to fatigue with brain breaks

4. Build up the learning – Start by having the student choose a few tasks each day (eg. Literacy + numeracy or literacy + wellbeing) and build up the stamina of the student as we know students need to readjust to learning from home.

5. Goal Setting: Reward & Incentives – Students should set goals and be able to choose rewards that are possible within the home. This should help incentivise some students with learning.

6. Prioritise Wellbeing – Nothing is more important than wellbeing for the students and our CEPS community, therefore if families need to prioritise wellbeing over learning on particular days, it's important to prioritise completing self care activities and fun activities that will keep us 'happy, healthy and safe' during these times.

Wellbeing Support

On behalf of our Cranbourne East Primary School community, we again want to commend our students and families on the resilience shown through this snap lockdown. Please make sure that as a household, families take some time for self care, and especially take some time away from screens and engage in mindfulness and physical activity where possible.

In addition to our family violence and mental health support sent out at the beginning of the snap lockdown, please find some support's in our area that can help families with emergency food and housing support.

Emergency Food:

1. Salvos Cranbourne

Phone: 5995 0133
Address: 1 New Hollans Dr Cranbourne
Monday – Friday: 9am – 3pm

2. Turning-Point Support Centre: Cranbourne

Phone: 5996 3048
Email: church@turningpoint.asn.au
Address: 1785 South Gippsland Highway,
Cranbourne East
Operating Hours:
Friday: 10-2pm Food Parcels

We offer material food aid, support and
Counselling.

Housing and Homelessness:

Wayss: 9791 6111
Providing information and advice on your
housing options

- Referring you to accommodation vacancies and other support services
- Assisting you to complete applications for housing
- Helping you access money for bond loans and essential supplies you may need
- Support for people who have experienced family violence to access safe, secure and affordable housing

3. Sikh Volunteers



FREE FOOD HOME DELIVERY SERVICE

**5 DAYS
SNAP LOCKDOWN**

**16 July (Fri) to
20 July 2021 (Tues)**

FRESHLY COOKED VEGETARIAN FOOD

ACTION- SVA team actively delivering freshly cooked Vegetarian Meals to the Elderly, Single Mums, Self Isolated, Unemployed, International Students, the Homeless and those in need.

Free Food Delivery to 7 Council Areas:

- Casey Council ■ Frankston Council ■ Mornington Peninsula Council
- Dandenong Council ■ Cardinia Council ■ Kingston Council
- Monash Council

**Order Your Free Meals
By SMS / TEXT Only: 0452 40 1734**

Call: 0452 60 1734 (For General Enquiries)

**Orders must be placed by 12PM (Noon) on day of delivery.
Delivery: 5PM - 7PM Daily**

Sikh Volunteers AUSTRALIA
www.sikhvolunteersaustralia.org
info@sikhvolunteersaustralia.org
+61 452 60 1734

facebook/sikhvolunteers.australia
twitter/australiasikh
instagram/sikhvolunteers